

In a Time of Crisis

It's your right to choose your own Medical Care



CODA CONVERSATION CAPSULE | A COVID 19 RESOURCE



Coda Alliance™

empowering easier, early, end-of-life conversations

To dial down anxiety in
times of crisis

Be Prepared



25.8

Million Cases

859

Thousand Deaths

185

Thousand U.S. Deaths

Totals as of 9.3.20

As noted in the Bible, people have been encouraged to prepare for End of Life since the beginning of time.

Some of **Jesus' last words to his disciples** were,

**"I go to prepare a place
for you."**

How prepared are YOU
when you face questions on
your death and dying?

Become The Final Decision Maker in Your Life.

How can I make life less stressful in a crisis?
Take control of your healthcare. Let your healthcare team and your family know what you want – put it in writing.

How do I make decisions at such a critical time?

There are several decision-making tools. GoWish, popular worldwide, is a game that helps you look into your heart to determine what you want .



Use Your Wishes to Manage Your Health Care



Why the underserved don't trust the healthcare industry - It hasn't changed in centuries

2014 report from the Robert Wood Johnson Foundation, "Race and ethnicity continue to influence a patient's chances of receiving many specific health care interventions and treatments."

How To Start Changing the System Your Way.

Knowing what you want **EMPOWERS YOU** with permission to **choose and deal with your medical team and your treatments - It's your right!**

Have It Your Way.

Andrew Jones, a Black grandfather, and proud patriarch, mistrusted the health industry.

Formerly responsible for an entire family, he was now a patient - forced to give up control over his own body. His confidence plummeted and anger grew. Programmed, like many, to “just say yes” to MDs, he was unaware of his right to direct his care.

But his nurse, understanding the problem, explained how the GoWish card game was designed to help people take control of their own healthcare decisions. Picking five cards he deemed his most important wishes, Mr. Jones found the words, the confidence, and permission to drive his end-of-life conversations. And, his medical team listened. Together they selected the most effective treatments that also supported his wishes..



Who Needs to Know?

How to communicate in a Pandemic: For family or yourself

"I'm worried about my family in this pandemic. What if someone gets so sick they're admitted to a hospital and we can't visit them? How will we know what they want? What if that person is me?"

Medical Centers and hospices have provisions for communicating with family via phone calls, video interaction, online chats or teleconferencing.

"What if the patient is so sick; they can't communicate?"

Unfortunately, at that point it's too late.
Don't wait for this to happen - **prepare ahead of time.**



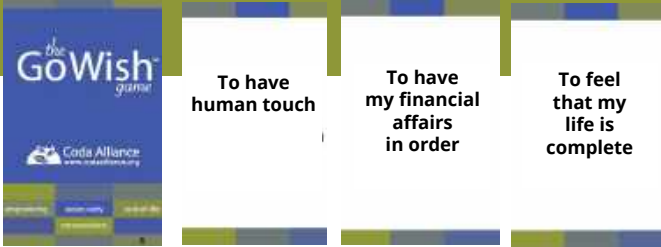
How does GoWish help you get the conversation started?

Your wishes **EMPOWER YOU**
with permission to choose and deal with
your medical team and your family

When playing the game, each card offers an idea as to what might be important to you as an individual. So just keep whittling the cards down to the few that **really mean something to YOU.**

Most GoWish users say that these wishes for end-of-life care are meaningful for living life your way as well.

See the video below showing how to play, why some choices were made, how to add your own questions if not covered in the card deck.



Choose the Best GoWish Experience for You

Can I change my mind later?
Anytime!



Cards

Good for family participation



Online with Audio

Free, for single person use



What if my family member doesn't speak English?

What if the conversation is taboo in their culture?

GoWish has been adapted with culturally appropriate "wishes" & verbiage designed to tear down barriers to end-of-life conversations. The cards, used internationally, come in 10 cultures. [See our International Stories page](#)



Why is GoWish So Special?

Led by a well-know palliative care physician, the game was designed by a collaboration of Healthcare Professionals, Spiritual Leaders and Patients to help people make their own choices.

Based on thorough research, GoWish has been successfully tested and implemented worldwide by organizations, patients, caregivers and medical and spiritual professionals
for over 16 years.





Resources

Coda's goal is to further educational collaboration for end-of-life conversations.

The Coda Alliance Website [Resource Page](#) offers tools and information developed by Coda, and many other vetted EOL learning tools and information sources.

The page includes

- Guidelines for Advanced Directives
- Hospice information from [caringinfo.com](#) and
- Tools or information from organizations dedicated to making end of life easier.

Get GoWish™

and make your wishes known

- In the U.S.: [American English or Spanish](#)
- [International](#): Choose your language / culture
- or try it out first at [GoWish online](#)



Take Responsibility;
Choose Your Own Way
and Embrace Life.



Coda Alliance™

empowering easier, early, end-of-life conversations

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